## Stoney Creek Community Food Bank Volunteer Form

Thank you for your interest in volunteering at the Stoney Creek Community Food Bank. Please complete this form and email it to <u>mngr.stoneycreekfoodbank@gmail.com</u> or you can drop it off in person at the Food bank 9:30 to 1:00 Monday, Wednesday or Thursday.

| Date        |       |
|-------------|-------|
| Name        |       |
| Address     |       |
| City        |       |
| Postal Code |       |
| Telephone   | Email |

There are many opportunities to volunteer at the Food Bank. What are you interested in doing? Check any that apply

| Front store volunteer  | Welcome shoppers and register them into the computer database<br>Assist shoppers to find their food items   |
|--|---|
|  | Stock shelves   |
| Warehouse volunteer<br>Note, this work requires lifting<br>of boxes up to 50 lbs.  | Accept, weigh, and record weight of food donations<br>Sort, stock shelves and categorize food items<br>Clean coolers and freezers   |
| Other volunteer opportunities  | Pickup Donations<br>Attend local Food Drives and assist donors in collecting and<br>delivering donations to the Food Bank   |
| What day(s) are you<br><u>consistently</u> available? If more<br>than one please note the<br>preference as 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , or<br>4 <sup>th</sup> . | Monday 9:15 to 1:00<br>Tuesday 9:15 to 1:00 Note: the foodbank is closed on Tuesday<br>to our clients. On Tuesday we receive most of our products and<br>volunteers must be able to lift 40 lbs.<br>Wednesday 9:15 to 1:00<br>Thursday 9:15 to 1:00 |

Your form will be kept on file and you will be contacted if your skill set is needed. <u>Note:</u> Once you begin volunteering a Criminal Record Check – Volunteer/Student is required.